

## A Short, Shady Stroll: The Redwood and Golf Course Trails

**Length:** 1.5 or 2 miles, depending on whether you take the extension to South Park Dr.

**Time:** Allow an hour, though it is easily done in less, depending on your pace

**Difficulty:** 1

**Elevation Gain:** Short version, 160 feet; longer version, 220 feet

**Starting Point:** The intersection of Golf Course Dr. and Grizzly Peak Blvd.

**Transportation:** The AC transit bus 65 stops on Centennial below Grizzly Peak. Parking is available at the start of the Redwood Trail.



### **Overview:**

This walk is a short, not-too-hilly loop through Tilden's scenic woods. You'll begin at a large intersection, but from there the walk is all on padded trails. You'll head southeast on the Redwood Trail, then return via the Golf Course Trail, with an optional detour farther into the park.

### **Directions and pictures:**

This walk is not only one of the least difficult in this book to hike, but also one of the easiest to give directions for. Begin at the intersection of Grizzly Peak Blvd, Centennial Dr, and Golf Course Dr. From here, walk down Golf Course Dr. a few feet and make a right before the parking lot past a wooden gate onto the Grizzly Peak Trail. Stay left at the first trail intersection you come to, to turn onto the Redwood Trail. Stay left at any trail intersections you come to,

continuing across the lovely, shaded Redwood Trail, under redwoods on needle-covered ground. After 0.6 miles of rolling hills, you will come descend a final hill to where the trail ends at the Golf Course Trail. From here, you have two options. For a longer walk, stay right to continue along the trail through trees, then up a rocky hill and down to a parking lot road connecting to South Park Dr, which is closed to cars in winter (from here you can continue on to other trails if you want a longer hike--see Tilden map located a bit down South Park at the Big Springs Trail). To return from South Park, double back on the Golf Course Trail to Redwood, but this time stay right. The second option cuts off this half-mile detour: make a sharp left from Redwood onto Golf Course and take this lower trail to where it ends. The Golf Course Trail, like Redwood, winds through trees on small hills, though it is lower in the canyon and the ground is more clay than needles in sections. The Golf Course Trail ends after about a half mile on Golf Course Dr. Turn left, and 0.2 miles up the road will return you to your starting point. This walk is a great way to explore some of Tilden without too much climbing or too long a route.



*Left: The southern end of the Golf Course Trail*